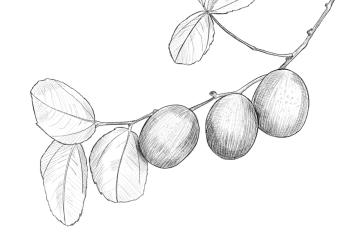
# MA'S OASIS

#### **MENU**



#### Soup

Chicken Ginger Soup
Chicken Soup with Chong Cao Herb
Black Chicken Soup
Crucian Carp Fish Soup
Crucian Carp Fish Soup with Tofu
Pig Feet Soup with Papaya
Pig Feet Soup with Soybean
Pork Bone Soup
Pork Bone Soup with Chinese Yam

#### Chicken

Stir-fry Chicken with King Oyster Mushrooms and Bell Peppers Stir-fry Chicken with Cucumbers and Carrots Stir-fry Chicken with Asparagus Braised Chicken Wings Steamed Chicken with Woodear Shredded Chicken with Cucmber

#### Beef

Stir-fry Beef with Cucumber
Stir-fry Beef with King Oyster Mushrooms
and Bell Peppers
Stir-fry Beef with Beech Mushrooms
Stir-fry Beef with Snow Peas
Stir-fry Beef with Potatoes
Steamed Beef

#### Pork

Stir-fry Pork with Chinese Okra
Stir-fry Pork with Cauliflower
Braised Pork with Tofu and Tomato
Steamed Pork with Woodear
Steamed Pork Ribs
Minced Pork with Eggplant
Minced Pork with Bean Sprouts
Pork Egg Dumplings
Pork Stuffed Tofu

#### Fish, Shrimp, & Egg

Stir-fry Fish Fillet with Snow Peas and Carrots
Stir-fry Fish Fillet with Choy Sum
Stir-fry Shrimp with Asparagus
Stir-fry Shrimp with Corn
Scrambled Eggs with Shrimp
Scrambled Eggs with Tomato
Scrambled Eggs with Chinese Okra
Steamed Eggs

# Vegetables

Stir-fry Chinese Broccoli Stir-fry Broccoli Stir-fry Choy Sum Stir-fry Bok Choy with Carrot Stir-fry Lotus Root with Woodear and Sweet Pea Steamed Pumpkin

# Porridge

Pork Porridge
Fish Porridge
Chicken Porridge
Egg Porridge
Millet Porridge with Chinese Yam
Millet Porridge with Pumpkin
Millet Porridge with Sweet Potato
Millet Porridge with Dates

# Desserts & Beverages

Wu Hong Tang "Five Red Soup"
Sweet Fermented Rice Wine Soup
Sweet Fermented Rice Wine Soup with Egg
Apple, Dates, and Goji Berry Beverage
Ginger and Red Sugar Beverage
Mai Dong Herb, Yu Zhu Herb, Dried Fig,
and Goji Berry Beverage
Huangqi Herb, Dates, and Ginger Beverage
Oatmeal Banana Lactation Cookies
Oatmeal Banana Chocolate Chip Lactation Cookies

# MA'S OASIS

菜单



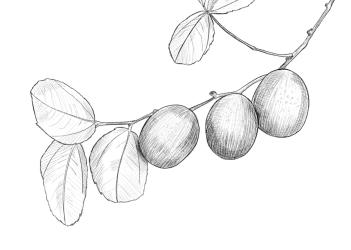
#### 鸡

鸡肉炒杏鲍菇青红椒鸡肉炒青瓜红萝卜鸡肉炒芦笋 鸡肉炒芦笋 红烧鸡翅 木耳炒鸡肉 黄瓜手撕鸡

### 牛

牛肉炒青瓜 牛肉炒杏鲍菇青红椒 牛肉炒白玉菇 牛肉炒甜豆 牛肉炒土豆 蒸牛肉饼

#### 猪



# 鱼,虾,鸡蛋

鱼片炒红萝卜 菜心炒鱼片 虾仁炒芦笋 虾仁炒玉米 滑蛋虾仁 番茄炒鸡蛋 丝瓜炒蛋 蒸鸡蛋

# 青菜

中国芥兰 炒西兰花 炒菜心 炒上海青红萝卜 炒莲藕,木耳,甜豆 焖南瓜

#### 粥

猪肉粥 鱼粥 鸡蛋粥 小米南瓜粥 小米蕃薯粥 小米红枣粥

#### 甜品,饮品

五红汤 酒糟汤 酒糟鸡蛋汤 苹果,红枣,枸杞饮 老姜红糖饮 麦冬无花果枸杞饮 黄芪,红枣,老姜饮 麦片香蕉饼干 麦片巧克力饼干